

Psychologically Informed Environments Conference



10th October 2024 Online

Programme

9:30-10:30

Learning from Lived Experience: A Heart of Help

- Oliver Townsend, Plattform
- Sabiha Azad, Welsh Refugee Council

We are delighted to start our conference with a focus on listening and learning from people with experience of substance use services and sanctuary seeker services in Wales. This session will provide an overview of the recently published 'Heart of Help' report, which explores how to create the conditions for relational support.

11:00-12:00

Compassionate Commissioning: Building a West Midlands Trauma Informed Coalition

- Lucy Cavell, Barnardo's / West Midlands Trauma Informed Coalition

We know that commissioning can play a critical role in enabling the delivery of trauma informed services. We are really excited to welcome Lucy Cavell from the West Midlands Trauma Informed Coalition, which has recently developed Trauma Informed Commissioning Guidance to support people responsible for commissioning and strategic planning to consider how they can deliver the best possible outcomes.

12:30-13:15

Hope Street: A Trauma Informed Housing System for Women Leaving the Justice System

- Esther Sample and Fionnuala Gordon, One Small Thing

One Small Thing is a charity that aims to redesign the justice system to recognise, understand and respond to trauma, helping women and their children to recover and thrive. We are really looking forward to hearing about their excellent work, including Hope Street, a pioneering residential community for women and children.

14:00-15:00

Changing the Lens: Demedicalised Approaches in Mental Health

- Keir Harding and Hollie Berrigan, Beam Consultancy

The past few years has seen increased discussion about the medicalisation of distress, and how labels and diagnoses such as Borderline Personality Disorder can be highly stigmatising and prevent people with complex trauma from the getting the help they need. In our final session of the day, we are really pleased to hear from Keir and Hollie, who will share their professional and lived expertise about this issue.

#PIE24

